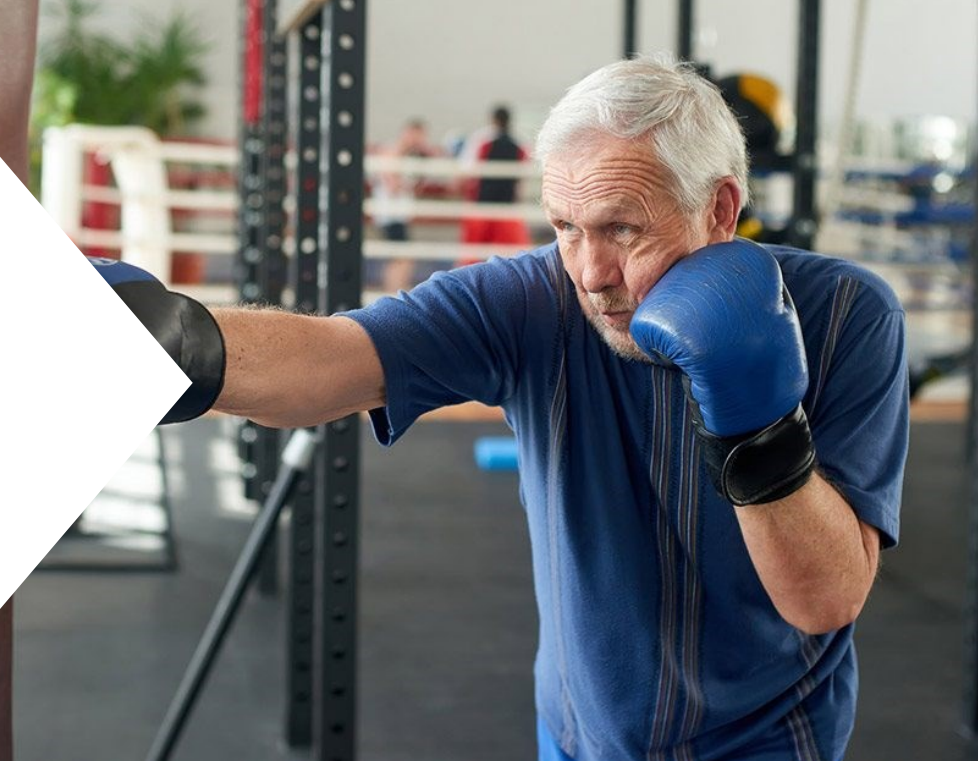


**ROCK STEADY**  
**BOXING**

**SKY FAMILY YMCA**

**VIRTUAL**



**FIGHT BACK**

**AGAINST**

**PARKINSON'S**

**AT HOME**

Starting May 12th via Zoom Meetings

Included in an Active Membership

**SCHEDULE**

**Tuesday**

2:30 PM with Val & Sandy

**Thursday**

2:30 PM with Val & Sandy

**[CLICK HERE TO REGISTER!](#)**

