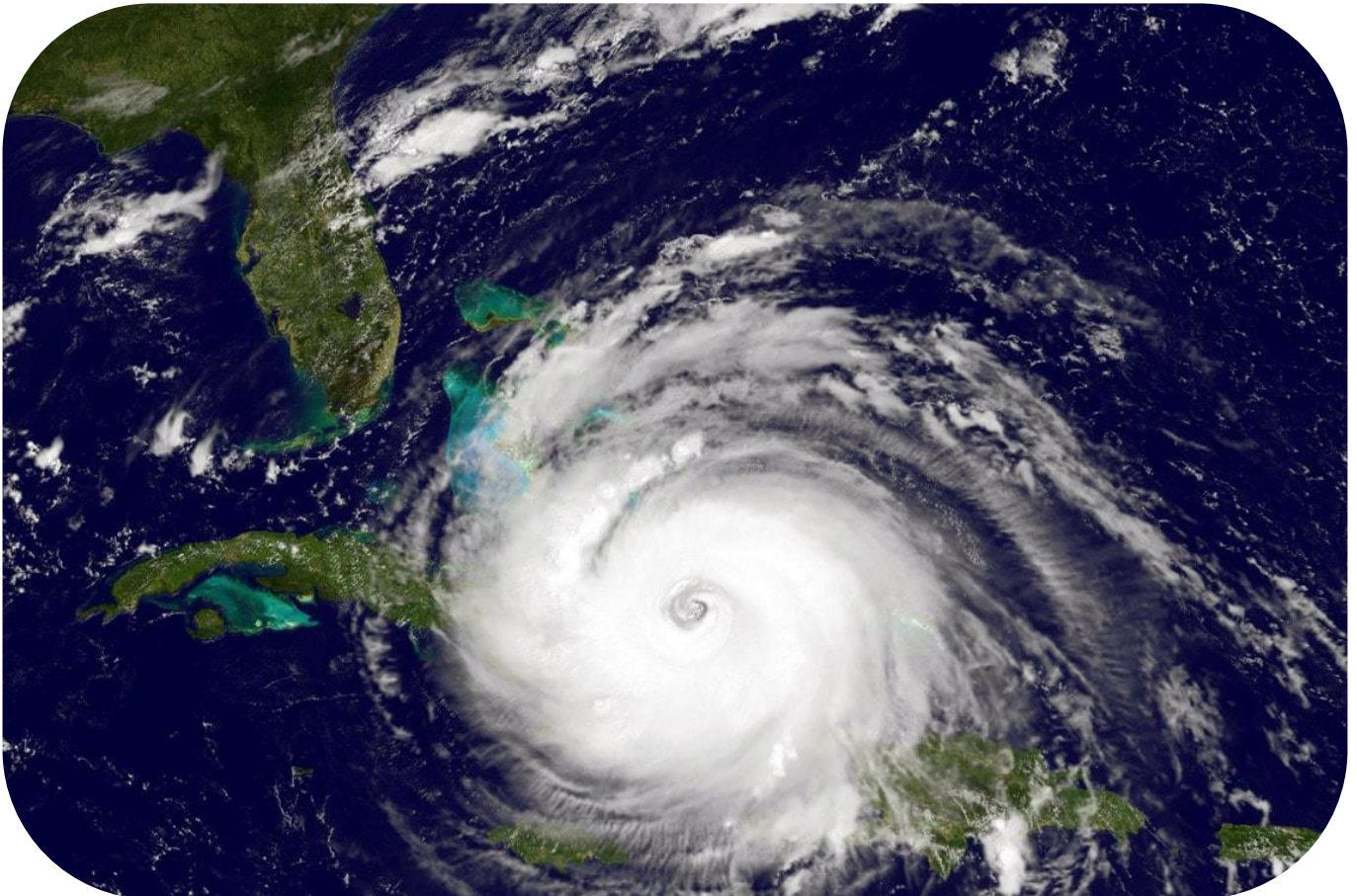




FAMILY **HURRICANE** **TOOLKIT**

The SKY Family YMCA



In the interest of making sure that everyone feels as informed as possible during a tropical storm or hurricane, the YMCA would like to share several important procedures you and your family can follow to ensure everyone's safety.

Prepare Now

- **Sign up for local alerts and warnings.** Monitor local news and weather reports
- **Prepare to evacuate:** Create and test emergency communication plans, learn the evacuation routes, identify a shelter near you, and pick an out of state contact everyone can call to check in.
- **Stock emergency supplies,** including a three day supply of nonperishable food and water. Keep gas tanks at least half full.
- **Protect your property:** Anchor or remove outdoor equipment, trim trees, and gather emergency protective materials (plywood, plastic sheeting, sandbags, etc.).
- **Review insurance policies** and catalogue your belongings.
- **Collect and safeguard important documents,** including financial, medical, educational, and legal documents and records. Keep photocopies with you, in a plastic bag.

Survive During

- **Follow guidance** from local authorities.
- **If advised to evacuate,** gather your emergency supplies and important documents and leave immediately.
- **For protection from high winds,** stay away from windows and seek shelter on the lowest level in an interior room.
- **If using a generator, gas powered equipment and tools, a grill or camp stove, or a charcoal burning device,** never do so inside or in partially enclosed areas. Use these devices outside and at least 20 feet away from doors, windows, and vents.
- **Move to higher ground** if flooding or a flood warning occurs.
- **Call 911** if you are in life threatening danger.

Be Safe After

- **Return to the area** only after authorities say it is safe to do so.
- **Do not enter** buildings until they are deemed safe by a qualified professional.
- **Never walk or drive** in flooded roads or through floodwaters.
- **Look out** for downed or unstable trees, poles, and powerlines.
- **Do not remove heavy debris** by yourself. Wear gloves and sturdy, thick soled shoes to protect your hands and feet.
- **Do not drink tap water** until authorities say it is safe.
- **Do not use electrical equipment** if it is wet or if you are standing in water.
- **Throw out any food** that wasn't maintained at proper temperatures or that was exposed to floodwaters.
- **Clean and disinfect** everything that got wet.

PERSONAL AND FAMILY PREPARATION

DISASTER SUPPLY CHECKLIST*

MEDICAL SUPPLIES	✓
First-aid Kit	
Prescription medications (two-week supply)	
Nonprescription medications (pain relievers, antidiarrhea medications, antacids, etc.)	
Glasses and contact lens solution	
Dentures and cleaning solution	
Hearing aid and extra batteries	
Medical support equipment (wheelchairs, walkers, etc.)	
ID, MONEY, AND KEYS	✓
Personal identification (driver's license, passport, military ID, etc.)	
Cash or traveler's checks, credit cards	
Extra set of house and car keys	
TOOLS AND EQUIPMENT	✓
Radio, NOAA weather radio (battery or hand-crank powered)	
Flashlight and extra batteries	
Extra batteries for all battery operated equipment; charger and backup battery for cell phones	
Duct tape and scissors	
Dust mask, garbage bags, and plastic ties	
All-purpose knife	
Plastic sheeting	
Wrench or pliers (to turn off utilities)	
Household chlorine bleach and dropper (to disinfect water)	
Needle and thread	
Fire extinguisher	
Matches in a waterproof container	
Local maps, pencil, and paper	
Folding cot or lawn chair	
Whistle	

CLOTHING, HYGIENE, & PERSONAL ITEMS	✓
Change of clothing (seasonal) and sturdy shoes	
Extra socks and underwear	
Washcloth and towels	
Toothpaste and tooth brushes	
Shampoo, comb, and brush	
Razor and shaving cream	
Deodorant	
Feminine supplies and personal hygiene items	
Moist towelettes, body wipes, hand sanitizer	
Diapers, wipes, and diaper rash cream	
Toilet paper	
Books, games, puzzles, and other activities for children	
Sleeping bags, warm blankets, and pillows	
OTHER DOCUMENTATION	✓
Emergency contact list	
Driving instructions and contact list of where you are going	

*This checklist is compiled from information from FEMA (www.fema.gov) and

FOOD AND WATER	✓
Water: 1 gallon per person per day for three days (plus water for your pet)	
Food: Three-day supply of ready-to-eat, nonperishable items	
Canned or boxed juices, powdered milk	
Infant formula and bottles, baby food	
Appropriate items for those on special diets	
Sugar, salt, pepper	
Small cooking stove and can of cooking fuel (if cooking is required)	
Mess kits, paper cups, plates, and plastic utensils	

Aluminum foil and plastic wrap	
LEGAL & FINANCIAL DOCUMENTATION (PHOTOCOPIES)	✓
Vital records: Birth (or adoption) and marriage certificates, child custody papers, etc.	
Housing: Rental agreement, mortgage, deed	
Vehicle: Loan documents, VIN, registration, title	
Other financial obligations: Utility bills, child support, student loans, etc.	
Financial accounts: Checking, savings, retirement, etc.	
Insurance policies: Homeowners, renters, auto, life, etc.	
Tax documents: Federal and state tax returns, property tax, etc	
Estate planning: Will, trust, power of attorney papers	
List of possessions and valuables (create a video of these items as evidence of ownership)	
MEDICAL INFORMATION	✓
Health/dental insurance, Medicare, Medicaid, VA health benefits, etc. (photocopies)	
List of medications (prescription and nonprescription) and dosages	
List of immunizations	
List of allergies	
Contact information for health care providers, pharmacy, caregivers, etc.	
PET SUPPLIES	✓
Pet food and water (for at least three days)	
Pet medicines and medical records	
First-aid kit (talk to your vet for guidance)	
Collar with ID tag, harness, and leash (keep rabies tag and ID with your pet at all times)	
Crate or pet carrier	
Sanitation items: Litter and litter box, paper towels, bleach, etc.	
Picture of you and your pet together (include information on species, breed, age, color, etc.)	
Familiar toys, bedding, etc.	
Contact information of veterinarian	

